

# Human Anatomy Marieb Brady Mallatt

NINTH EDITION



# **BRIEF CONTENTS**

- 1 The Human Body: An Orientation 33
- 2 Cells: The Living Units 54
- **3** Basic Embryology 78
- **4** Tissues 96
- 5 The Integumentary System 135
- 6 Bones and Skeletal Tissues 155
- 7 Bones, Part 1: The Axial Skeleton 182
- 8 Bones, Part 2: The Appendicular Skeleton 217
- **9** Joints 240
- 10 Skeletal Muscle Tissue 273
- 11 Muscles of the Body 294
- 12 Fundamentals of the Nervous System and Nervous Tissue 381
- 13 The Central Nervous System 406
- **14** The Peripheral Nervous System 459

- 15 The Autonomic Nervous System and Visceral Sensory Neurons 499
- **16** The Special Senses 520
- 17 The Endocrine System 554
- 18 Blood 578
- 19 The Heart 594
- 20 Blood Vessels 620
- 21 The Lymphatic and Immune Systems 659
- 22 The Respiratory System 677
- 23 The Digestive System 707
- 24 The Urinary System 752
- 25 The Reproductive System 775

Answers Appendix 817

- Appendix A The Metric System 827
- Glossary 829

# A Functional Approach to Human Anatomy Available in a Multifunctional eText

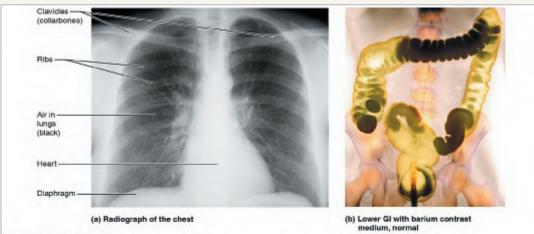
Using a functional anatomy theme, the Ninth Edition presents human anatomy as a well-illustrated "story" with the right amount of detail for an introductory course. New exercises and questions help students learn and practice using anatomical language and interpreting realworld medical images. *Human Anatomy*, Ninth Edition, is also available as a Pearson eText, an easy-to-use, mobile-friendly, and personalized reading experience.





# Master the Anatomical Language and Visual Skills **Used in Health Care Settings**

Roots to Remember	Instructors may assign a related "Roots to Remember" activity using Mastering A&P.	v	<b>IEW! Roots to Remember</b> <b>ocabulary exercises</b> open ach chapter and help students
ana = apart bi = two chrom = color cis = on this side cyt = cell dys = bad, malicious	<pre>meta = after mito = thread multi = many necro = death nucle = little nut -osis = process</pre>	a a co	earn the language of human natomy using word roots nd terms in context. Related paching activities can be ssigned in Mastering A&P.
ell = small endo = within, inner exo = outside hyper = excessive inter = between kinesis = movement lamina = layer lysis = loosening, breaking down mere = part, portion	<pre>phage = process phage = eat pine = drink plasi = shape plasma = forming or molded material pre, pre = before reticul = network som-, soma = body tele = end</pre>		
Based on the word roots listed at the following terms mean?	oove and from those in Chapter 1, what do	-	
	3. chromosome5. cytokinesis4. lysosome6. telomere		
For answers, see Answers Append		54	



# **NEW!** Interpreting **Medical Images**

questions accompany selected figures and guide students to analyze the kinds of images that are used in health care settings.

# Figure 1.10 X-ray images.

### INTERPRETING MEDICAL IMAGES

- a. In this normal radiograph of the chest shown in part (a), explain why the lungs appear black and the bones and heart appear white.
- b. On the radiograph shown in part (b), locate the four regions of the colon labeled in Figure 1.18.

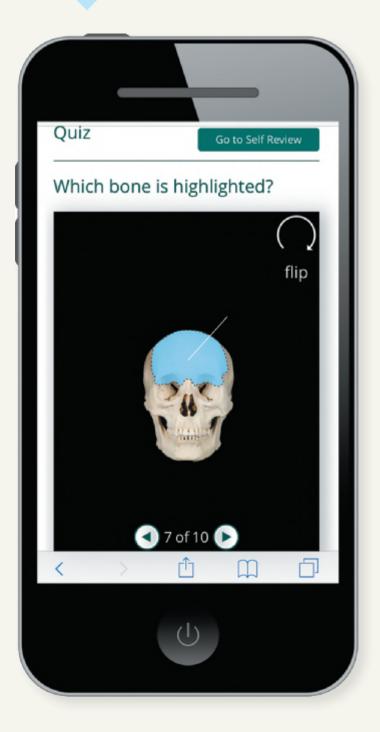
### Check Your Understanding

- □ 8. In tissue stained with H&E stain, what color are the cellular nuclei?
- 9. Which type of microscopy produces detailed threedimensional images of the surface features of a structure?

For answers, see Answers Appendix.

# Study for Lecture and Lab Tests with Mastering A&P Mobile Tools

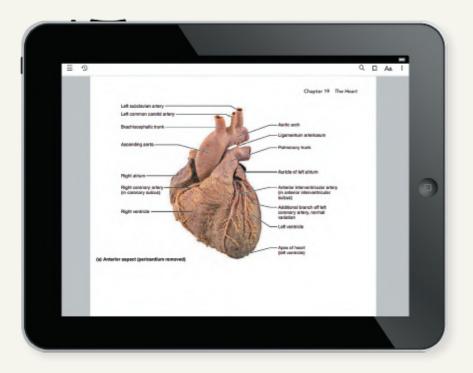
**NEW! PAL 3.1 Customizable Flashcards** allow students to study on the go! Create a personalized, mobile-friendly deck of flashcards and quizzes using images from Practice Anatomy Lab. Using a checklist, students can select only those structures assigned by their instructor.



# A Pearson eText Brings Human Anatomy Concepts to Life

# Numerous videos and

**animations** are linked in the eText edition of **Human Anatomy** to reinforce your visual understanding of the structures in selected photos and illustrations. Examples include bone videos, organ dissection videos, cat dissection videos, animations showing joint movements, and animations of muscle organs, insertions, actions, and innervations.

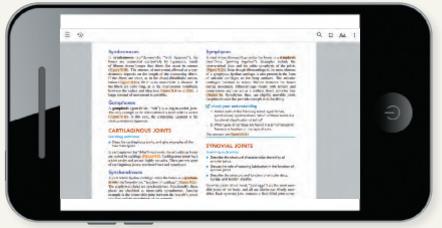




# **Students can make Pearson eText**

**their own** by adding bookmarks and creating highlights with meaningful labels and notes that help them focus on what they need to study. They can also read and study using their favorite mobile device, even when they are offline. For additional guidance, instructors can share their notes with the class.

# ...so You Can Spend More Time Learning and Less Time Searching



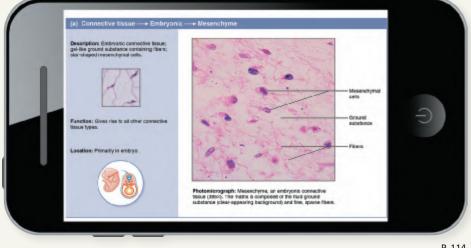
# A Glossary

can be accessed without interrupting the flow of your reading. When you encounter an unfamiliar word, simply call up the definition by clicking a hotspot.



# **NEW!** More precise crossreferencing hyperlinks

allow you to easily connect concepts, structures, and regional anatomy themes across chapters to achieve a broader conceptual understanding of anatomy. Instead of searching for page numbers and descriptions, you can instantly link to related figures, discussions, and suggested answers to "Check Your Understanding" questions with just one click!



P. 114

# **Additional Support for Students & Instructors**

**Mastering A&P**<sup>®</sup> offers thousands of tutorials, activities, and questions that can be assigned for homework and practice. Highlights of assignment options include:

- NEW! Roots to Remember Coaching Activities give you practice learning and using word roots in context as you learn new A&P terms.
- Cat Dissection Video Coaching Activities help you prepare for the lab by highlighting key anatomical structures.
- **A&P Flix Animation Activities** include short clips showing origins, insertions, actions, and innervations of more than 65 muscles.

**The Mastering A&P® Instructor Resources Area** includes the following downloadable tools for instructors who adopt the Ninth Edition for their classes:

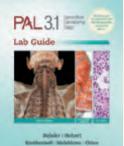
- Customizable PowerPoint<sup>®</sup> lecture outlines include customizable images and provide a springboard for lecture prep.
- All of the figures, photos, and tables from the text are available in JPEG and PowerPoint<sup>®</sup> formats, in labeled and unlabeled versions, and with customizable labels and leader lines.
- Test bank provides thousands of customizable questions across Bloom's Taxonomy levels. Each question is tagged to chapter learning outcomes that can also be tracked within Mastering A&P® assessments. Available in Microsoft® Word and TestGen® formats.
- Animations and videos bring A&P concepts to life and include A&P Flix 3D Animations.
- A comprehensive Instructor Guide includes a detailed teaching outline for each chapter, along with a wealth of activities, examples, and analogies that have been thoroughly class-tested with thousands of students.



A Brief Atlas of the Human Body, Second Edition by Matt Hutchinson ISBN 9781292026404



**The Anatomy Coloring Book, Fourth Edition** by Wynn Kapit & Lawrence M. Elson ISBN 9781292026367



UPDATED! Practice Anatomy Lab 3.1 Lab Guide by Ruth Heisler, Nora Hebert, et al. ISBN 9780321840257

# Human Anatomy

NINTH EDITION GLOBAL EDITION

Elaine N. Marieb, R.N., Ph.D. Holyoke Community College

Patricia M. Brady, Ph.D. Johnson & Wales University

Jon Mallatt, Ph.D. Washington State University



Editor-in-Chief: Serina Beauparlant Senior Courseware Portfolio Manager: Lauren Harp Managing Producer: Nancy Tabor Content & Design Manager: Michele Mangelli Courseware Editorial Assistant: Lidia Bayne Associate Rich Media Content Producer: Sarah Shefveland Senior Acquisitions Editor, Global Edition: Amrita Naskar Assistant Project Editor, Global Edition: Shaoni Mukherjee Mastering Media Producer: Kristen Sanchez Content Producers: Dapinder Dosanjh, Katrina Taylor Interior Designer: Hespenheide Design Cover Designer: Lumina Datamatics Illustrators: Imagineering STA Media Services, Inc. Copyeditor: Sally Peyrefitte Managing Editor, Digital Media, Global Edition: Gargi Banerjee Proofreader: Betsy Dietrich Rights & Permissions Management: Ben Ferrini Photo Researcher: Kristin Piljay Manufacturing Buyer: Stacey Weinberger Senior Manufacturing & Controller, Global Edition: Angela Hawksbee Director of Product Marketing, Science: Allison Rona Production Marking Manger: Wendy Mears Senior Anatomy & Physiology Specialist: Derek Perrigo

Cover Photo Credit: SpeedKingz/Shutterstock

Acknowledgements of third-party content appear on page 841, which constitutes an extension of this copyright page.

Pearson Education Limited

KAO Two KAO Park Harlow CM17 9SR United Kingdom

and Associated Companies throughout the world

Visit us on the World Wide Web at: www.pearsonglobaleditions.com

© Pearson Education Limited 2020

The rights of Elaine N. Marieb, Patricia Brady, and Jon Mallatt to be identified as the authors of this work have been asserted by them in accordance with the Copyright, Designs and Patents Act 1988.

Authorized adaptation from the United States edition, entitled Human Anatomy, 9<sup>th</sup> Edition, ISBN 978-0-13-516805-9 by Elaine N. Marieb, Patricia Brady, and Jon Mallatt, published by Pearson Education © 2020.

All rights reserved. No part of this publication may be reproduced, stored in a retrieval system, or transmitted in any form or by any means, electronic, mechanical, photocopying, recording or otherwise, without either the prior written permission of the publisher or a license permitting restricted copying in the United Kingdom issued by the Copyright Licensing Agency Ltd, Saffron House, 6–10 Kirby Street, London EC1N 8TS.

All trademarks used herein are the property of their respective owners. The use of any trademark in this text does not vest in the author or publisher any trademark ownership rights in such trademarks, nor does the use of such trademarks imply any affiliation with or endorsement of this book by such owners.

Unless otherwise indicated herein, any third-party trademarks that may appear in this work are the property of their respective owners and any references to third-party trademarks, logos or other trade dress are for demonstrative or descriptive purposes only. Such references are not intended to imply any sponsorship, endorsement, authorization, or promotion of Pearson's products by the owners of such marks, or any relationship between the owner and Pearson Education, Inc. or its affiliates, authors, licensees or distributors.

This eBook is a standalone product and may or may not include all assets that were part of the print version. It also does not provide access to other Pearson digital products like MyLab and Mastering. The publisher reserves the right to remove any material in this eBook at any time.

### British Library Cataloguing-in-Publication Data

A catalogue record for this book is available from the British Library

1 19

Typeset by SPi Global

ISBN 10: 1-292-31447-8 ISBN 13: 978-1-292-31447-1 eBook ISBN 13: 978-1-292-31457-0

# Elaine N. Marieb



# Patricia M. Brady



# Patricia M. Brady's interest in the human anatomical form was sparked in college when she learned that the human skeleton could reveal an individual's age, sex, nutritional status, and the number of children delivered in childbirth. She earned a Ph.D. from Brown University in biological and medical sciences and has enjoyed an extensive career as an undergraduate anatomy educator at Brown University, Rhode Island College, Community College of Rhode Island, and Johnson & Wales University. At the graduate level, Dr. Brady coordinates and teaches a clinically focused cadaver-based dissection course for the Johnson & Wales University Center for Physician Assistant Studies.

is now home to the Elaine Nicpon Marieb College of Health and Human Services.

After receiving her Ph.D. in zoology from the University of Massachusetts at Amherst, Elaine N. Marieb began teaching at Holyoke Community College, where many of her students were pursuing nursing degrees. Her students inspired her to gain a better understanding of the relationship between the scientific study of the human body and the clinical aspects of the nursing practice. While continuing to teach full time, Dr. Marieb pursued her nursing education, which culminated in a Master of Science degree with a clinical specialization in gerontology from the University of Massachusetts. It is this experience that has informed the unique perspective and accessibility for

As an individual and through the Elaine Nicpon Marieb Charitable Foundation, Dr. Marieb has given generously to provide opportunities for students to further their education. In recent years, she provided generous philanthropic support to Florida Gulf Coast University as a long-term investment in education, research, and training for health care and human services professionals in the local community. In honor of her contributions, the university

which her publications are known.

Dr. Brady's commitment to teaching has been recognized throughout her career with teaching excellence awards from Brown University and the Community College of Rhode Island. Dr. Brady embraces innovation in the classroom and laboratory, incorporating project-based learning, Process Oriented Guided Inquiry Learning (POGIL) activities, case studies, cooperative team-based dissection, and other active learning strategies to make the study of anatomy an active and interactive process. Outside the classroom, most mornings Dr. Brady can be found on the water rowing, pursuing another passion she developed in college.

# Jon Mallatt



Jon Mallat earned his Ph.D. in anatomy from the University of Chicago. Dr. Mallatt is currently a member of the Clinical Faculty of the University of Washington's WWAMI Medical Education Program at the University of Idaho, where he was honored with an Excellence in Teaching Award in 1992, 1993, 1995, 2000, and 2017. Additionally, Dr. Mallatt is an adjunct Associate Professor in the department of biological structure at the University of Washington. His particular areas of expertise are histology, human and comparative anatomy, and anatomical drawing, although his research now focuses on the origin and evolution of consciousness among animals. Dr. Mallatt is an accomplished researcher, with 58 publications in a variety of fields ranging from vertebrate evolution to molecular phylogeny to neurobiology and consciousness studies.

he general philosophy behind this Ninth Edition of *Human Anatomy* remains the same as in the previous editions. As an instructor, you know that teaching anatomy involves more than just presenting facts. You must provide information in a framework that encourages genuine understanding, devise new presentations to help students remember large amounts of material, and help students apply what they have learned to new situations. All the while, you hope that you inspire in the students a love of the subject.

After many years of teaching human anatomy, we became convinced that new approaches to the subject could excite and challenge the students' natural curiosity. That is why we decided to write this book. We are fortunate to have collaborated with Pearson Education, a publisher that shares our goal: to set a new standard for pedagogical and visual effectiveness in an anatomy text.

This book is designed for one-semester or one-quarter introductory anatomy courses that serve students in prenursing, pre-medical, pre-physical therapy, radiological technology, physician assistant training, pre-dentistry, pharmacy, and other allied-health fields, as well as physical education, athletic training, and nutrition.

# Unique Approach to Anatomy

Since its inception, we have worked diligently to distinguish *Human Anatomy* from the many other anatomy books currently available. This book explains anatomy thoroughly, and its discussions are not merely brief summaries of the art. Our goal is to present the basic concepts of anatomy—gross, microscopic, developmental, and clinical—in a manner that is clearly written, effectively organized, up to date, and well illustrated. Learning anatomy involves assimilating massive amounts of material. To facilitate learning this content, we present anatomy as a "story" that can be explained and understood—demonstrating to students that the structure of the body makes sense.

Although descriptive gross anatomy is a relatively static science, knowledge is growing quickly in the subfields of functional anatomy, neuroanatomy, developmental anatomy, and the functional aspects of tissue and cellular anatomy. This text strives to keep up with the knowledge explosion in these subfields and to present anatomy in a way that allows modern biology students, whose training is becoming ever more molecular and cellular, to anchor their biochemical and medical training in the physical context of the human body.

# **Functional Approach**

As in previous editions, we strongly emphasize the functional anatomy theme, giving careful consideration to the adaptive characteristics of the anatomical structures of the body. Wherever possible, we explain how the shape and composition of the anatomical structures reflect their functions. Such functional anatomy is not physiology (which focuses on biological mechanisms), but is more akin to "design analysis." This approach is unique for a text at this level, and we continue to refine it in the Ninth Edition by reworking the narrative overviews in select tables, including the Muscle Tables in Chapter 11.

# **Microscopic Anatomy**

Throughout the text, the microscopic anatomy of all organ systems is presented from a structural and functional perspective, supporting the "story" of how the human body is built. Many undergraduate texts treat histology as a specialized and minor subfield that takes a back seat to gross anatomy. This is unfortunate, because most physiological and disease processes take place at the cellular and tissue level, and most allied-health students require a solid background in histology and subcellular structure to prepare them for their physiology courses.

# Embryology

Our text is designed to present embryology in the most effective and logical way: by introducing the fundamentals early in the text, before the more advanced discussions on the developing organ systems in the chapters that follow. We wrote Chapter 3 as an introduction to the development of the basic body plan. We present the most important human embryology concepts in this early chapter in a concise, understandable way, visually reinforced with exceptionally clear art.

# Life Span Approach

Most chapters in this book close with a "Throughout Life" section that first summarizes the embryonic development of organs of the system and then examines how these organs change across one's life span. Diseases particularly common during certain periods of life are pointed out, and effects of aging are considered. The implications of aging are particularly important to students in the health-related curricula because many of their patients will be older adults.

# **NEW TO THE NINTH EDITION**

The Ninth Edition builds on the book's hallmark strengths art that teaches better, a student-friendly narrative, and easyto-use media and assessment tools—and improves on them.

Expanded instruction and practice for anatomy word roots makes learning the complex terminology of anatomy more interesting and accessible. In addition to highlighting important terms in boldfaced type, providing the pronunciations of terms, and including the Latin or Greek translations of almost every term when it is first introduced in the text, new Roots to Remember vocabulary exercises appear at the beginning of each chapter. These short activities promote learning beyond memorization by showing students that difficult terms have simple, logical derivations. The anatomical terms used in this text are consistent with the terms accepted by the International Federation of Associations of Anatomists (IFAA). Clinical terminology is also presented in the Related Clinical Terms section found at the conclusion of most chapters. In response to suggestions from instructors and students, the list of word roots at the end of the text is expanded and now combines prefixes, suffixes, and combining forms into one comprehensive alphabetical reference.

- New Interpreting Medical Images questions accompany select figures and guide learners in analyzing the kinds of images that are used in health care settings, including X-ray images, CT scans, MRIs, and PET scans.
- Improved text presentation includes new numbered and lettered chapter sections that enable efficient access to specific content. This organization also allows for more precise cross-referencing in the eText so that readers can easily connect concepts within and across chapters, and facilitates the exploration of regional anatomy relationships.
- Improved end-of-chapter Review Questions eliminate negatively stated questions and ambiguous answer choices in multiple-choice/matching questions that might confuse students, particularly non-native English speakers.
- Answers Appendix includes the answers to questions labeled Check Your Understanding, Multiple Choice, and Matching. It also includes answers to the Interpreting Medical Images questions for Chapter 1. Answers for other questions are included in the accompanying Instructor's Resource Guide.

# HIGHLIGHTS OF CHAPTER-BY-CHAPTER CHANGES

# Chapter 1 The Human Body: An Orientation

- The text has been updated throughout the chapter for improved clarity.
- The subsection Units of Measurement is newly named to more accurately reflect the content.
- Explanatory text has been added to Figure 1.4 for better teaching effectiveness.
- Interpreting Medical Images questions have been added to Figure 1.10a and b and Figure 1.13.
- Select end-of-chapter questions have been revised to align with the new Roots to Remember feature in the chapter opener.

# Chapter 2 Cells: The Living Units

- Figure 2.3 has been updated for improved accuracy.
- Figure 2.4 has been revised to more clearly depict phagocytosis.

- Images for Figure 2.11 have been replaced for better illustration of cytoskeletal elements.
- Figure 2.13b has been replaced with an image showing a broader view.
- Check Your Understanding questions have been updated to support the new Roots to Remember activity.
- Content related to telomeres and aging has been updated.
- A question relating to the Roots to Remember chapter opener has been added to the end-of-chapter Critical Reasoning & Clinical Application Questions.

# Chapter 3 Basic Embryology

- Select end-of-chapter questions have been revised to eliminate "all of above" and "none of above" answer choices.
- A Closer Look: Birth Defects includes an updated photo.

# **Chapter 4 Tissues**

- The use of color has been updated in Figures 4.2, 4.3, 4.9, 4.10, Focus Figure 4.11, 4.12, 4.13, and 4.14 to facilitate grouping of tissue types.
- Sketches of tissues have been updated in Figures 4.3, 4.10, 4.13, and 4.14 for improved teaching effectiveness.
- Labeling and step text have been updated in Figures 4.6, 4.7, 4.12, and 4.15.
- The discussion of cancer treatments has been updated in A Closer Look: Cancer—The Intimate Enemy.
- Information regarding locations of adult stem cells has been updated.

# Chapter 5 The Integumentary System

- Figure 5.5 has been updated to include improved labeling and descriptions.
- Figure 5.11 includes a new image of melanoma.
- The discussion of organelle deterioration in the stratum granulosum has been revised to clarify where cell death occurs.
- The information in Clinical Application: Transdermal Drug Delivery has been updated.
- A Closer Look: Tattoos has been updated to include the role of the macrophages in tattoo permanence based on recently published results.
- Two new end-of-chapter questions have been added to reinforce content in the Roots to Remember chapter opener.

# **Chapter 6 Bones and Skeletal Tissues**

- Interpreting Medical Images questions have been added to Figure 6.12, Figure 6.17, and Table 6.2.
- Explanatory text has been added or revised in Figure 6.6 and Figure 6.10 for better teaching effectiveness.
- Clinical Application: Achondroplasia has been updated to include information about medications in clinical trial.
- A new end-of-chapter Critical Reasoning and Clinical Application question has been added to reinforce content in the Roots to Remember chapter opener.

# Chapter 7 Bones, Part 1: The Axial Skeleton

- Interpreting Medical Images question has been added to Clinical Application: Herniated Disc.
- Interpreting Medical Images question and new posteroanterior radiograph of the thorax have been added to Figure 7.24 depicting the thoracic cage.
- References to Mastering A&P videos of the skull and vertebrae and to PAL 3.0 have been added to all appropriate figures.
- Discussion of the cervical, thoracic, and lumbar vertebrae has been revised to further clarify the distinctive features of each.

# **Chapter 8 Bones, Part 2: The Appendicular** Skeleton

- Radiographs and associated Interpreting Medical Images questions have been added to Figures 8.2 and 8.10.
- Interpreting Medical Images questions have been added to Clinical Application: Palpation of Colles' Fracture, Clinical Application: Ankle Fracture, and Figure 8.12 depicting the arches of the foot.

# **Chapter 9 Joints**

- The description of the temporomandibular joint (TMJ) has been revised to note that the articular surfaces are covered by fibrocartilage.
- New coronal MRIs of the shoulder joint and knee, along with associated Interpreting Medical Images questions, have been added to Figures 9.11 and 9.15, respectively.
- Two end-of-chapter questions related to Roots to Remember have been added.
- Explanatory text to has been added to Figure 9.5 for improved teaching effectiveness.
- Details regarding planes of movement have been added to Table 9.2.

# **Chapter 10 Skeletal Muscle Tissue**

- The discussion of the anatomy of skeletal muscle tissue, formerly covered in one section, is now presented in two sections: Microscopic Structure of Skeletal Muscle Tissue and Functional Anatomy of Skeletal Muscle Tissue. The intent behind this change is to facilitate learning by breaking the content into smaller, more manageable units.
- In the discussion of Duchenne muscular dystrophy, the description of the effect of dystrophin loss has been revised for better clarity.
- A Closer Look: Anabolic Steroid Abuse has been updated to include concerns about dietary supplements.
- Images of cardiac and smooth muscle in Table 10.2 have been replaced to provide clearer illustration of these muscle types.

# Chapter 11 Muscles of the Body

The introductory content has undergone major reorganization to group similar concepts together: muscle mechanics (fascicle arrangement, lever systems, position around joints); organizational schemes (embryologic,

compartments of the limbs); detailed study of skeletal muscles (muscle naming conventions, muscle tables); regional surface anatomy.

- Content that introduces the muscle tables has undergone major revision to highlight the functional organization of muscles in each group. The focus in these table headnotes is to present an overview of muscle action, which provides a conceptual foundation to support the more detailed study that follows in the muscle table. Headers and use of boldface to highlight muscle names are used throughout the muscle table headnotes to organize and highlight this content.
- The summary tables of the actions of the muscles of the upper and lower limbs have been reintegrated back into the muscle tables. They now appear as Table 11.12, Summary of Actions of Muscles Acting on the Arm, Forearm and Hand; and Table 11.16, Summary of Actions of Muscles Acting on the Thigh, Leg, and Foot. This placement allows for quick review following detailed study of individual muscles.
- · Part labels have been added to muscle illustrations and photographs to support the content in the muscle table headnotes. The intent is to strengthen the integration of muscle location, name, and function within the art.
- For eText, additional video links have been introduced to include:
  - 1. Group muscle actions to support foundational learning of muscle function. Links to these videos can be found beneath the Muscle Table headnotes to support the general overview presented in the table headnotes.
  - 2. Individual muscle videos for detailed study of origin, insertion, action, and innervation are placed near the art for specific muscles.
- Cadaver photo has been added to Figure 11.12 depicting the deep back muscles of the neck.
- Figures 11.16, 11.20, 11.22, and 11.24 have been revised to better communicate functional/developmental grouping of muscles.

# Chapter 12 Fundamentals of the Nervous System and Nervous Tissue

- · Interpreting Medical Images question has been added to Figure 12.14.
- Labeling of brain stem in Figure 12.13 has been updated for accuracy.
- · New content has been added about the effects of learning on reinforcement and pruning of synapses in children and adolescents. The discussion also mentions recent research findings that associate synaptic pruning with the development of schizophrenia.

# **Chapter 13 The Central Nervous System**

- The section Basic Parts and Organization of the Brain has been reorganized to link the four regions of the brain to
- (1) the location of the hollow regions, the ventricles; and
- (2) the distribution of gray and white matter as subtopics.

These are foundational concepts that are useful for organizing the myriad detailed structures of the brain into the four basic parts of the brain and to support the understanding of location and function of the detailed structures of the brain.

- In the Brain Stem section, the Learning Objective for relating structure to function has been revised; it now calls for using the framework of white and gray matter to facilitate these linkages. The discussion clarifies which structures in the brain stem are white matter (tracts) and which are gray matter (nuclei).
- Figure 13.11b, a superior view of the cerebrum, has been replaced with a new image showing the arachnoid mater and arachnoid granulations.
- A replacement image has been provided for Figure 13.22b, posterior dissection of the dural sinuses.
- Interpreting Medical Images question and a new threedimensional CT venogram of cerebral veins have been added as part (d) of Figure 13.22, partitions of dura mater in the cranial cavity and the dural venous sinuses.
- Figure 13.29 has been revised to accurately illustrate the pathway of the spinocerebellar tract from medulla to cerebellum.
- Discussion of melatonin levels, sleep deficits in teens, and school start times in Clinical Application: Why Won't Teenagers Sleep at Night? has been updated to include recommendations from the American Academy of Pediatrics.
- Outlines of Broca's area and Wernicke's area have been added to Figure 13.16, auditory pathways.
- Clinical Application: Dyskinesia includes discussion of a new treatment for Huntington's disease.
- Clinical Application: Amyotrophic Lateral Sclerosis (ALS) includes updated information about areas of research into causes of ALS.

# Chapter 14 The Peripheral Nervous System

- Table 14.2, Cranial Nerves, has been revised to include a new illustration of the skull showing facial foramina of the trigeminal nerve (CN V). In addition, trigeminal nerve and facial nerve content has been reorganized for clearer presentation and integration of text and art.
- In Figure 14.12, lumbar plexus, the cadaver image in part (a) has been replaced for clearer illustration. In addition, leaders and labels have been repositioned to identify the viewable nerves shown in part (c) depicting the distribution of the major lumbar plexus nerves to the lower limb.
- The eText now includes hyperlinks to the Chapter 11 figures of each muscle group innervated by nerves from the brachial, lumbar, and sacral plexuses.
- In A Closer Look: Postpolio Syndrome, data regarding the incidence and location of wild polio virus infection have been updated to July 2018.
- A question related to word roots has been added to the Critical Reasoning and Clinical Application Questions.

# Chapter 15 The Autonomic Nervous System and Visceral Sensory Neurons

- Figures 15.4 and 15.7 have been revised for improved teaching effectiveness.
- Content has been updated in Clinical Application: Autonomic Hyperreflexia (previously called mass reflex reaction).
- Focus Figure 15.3 includes information on myelination of preganglionic and postganglionic neurons.
- Check Your Understanding question 7 has been revised for improved clarity.

# **Chapter 16 The Special Senses**

- Figure 16.1 has been revised to improve labeling of three types of taste buds.
- Figure 16.2, gustatory pathway, has been revised for better accuracy and clearer illustration.
- A new Clinical Application: Anosmia has been added.
- Information has been added noting that injury to chorda tympani branch of CN VII can result in taste disturbances.
- Information has been added to clarify the distinction between sties and chalazions.
- The discussion of autonomic innervation to the pupillary muscles of the iris has been clarified.
- Figure 16.14 has been revised for improved identification of the midbrain nuclei in the visual pathway.

# Chapter 17 The Endocrine System

- The discussion of organs that contain some endocrine cells has been revised to include osteoblasts in bone and adipocytes in fat.
- Figure 17.8 has been revised to indicate the location of sympathetic outflow for spinal cord to the adrenal medulla.
- A new image depicting an axial CT of the brain has been added (Figure 17.9) to illustrate pineal gland calcification; an associated Interpreting Medical Images question has also been included.
- The discussion of Cushing's disease has been expanded to include more detail about the causes, manifestations, and treatments of the disorder.
- A question relating to the Roots to Remember chapter opener has been added to the end-of-chapter Critical Reasoning & Clinical Application Questions.

# Chapter 18 Blood

- Figure 18.2 has been revised for better teaching effectiveness.
- A Closer Look has undergone a major revision and update and has been retitled Hematopoietic Cell Transplants to reflect current practice in the treatment of leukemia.
- Information about use of bone marrow transplants to treat sickle cell disease has been updated.
- New questions relating to word roots have been added to the Short Answer Essay Questions and Critical Reasoning & Clinical Application Questions.

# Chapter 19 The Heart

- Interpreting Medical Images questions have been added to Figures 19.2 and 19.16.
- The description of coronary artery origins and variability of branching has been revised for improved clarity and accuracy.
- Information about the capability of cardiac muscle tissue regeneration has been updated.
- An ECG tracing has been added to Figure 19.14 to illustrate the clinical information gathered to assess the electrical conducting system.

# **Chapter 20 Blood Vessels**

- The micrograph of the artery and vein in Figure 20.1 has been replaced with an image that better illustrates the difference between these vessels.
- The differences in the size and shape of the lumen in arteries and veins have been clarified.
- The discussion of capillary beds has been completely revised to reflect the current understanding of the types of capillary beds found in different tissues. In addition, the term *microvasculature unit* has been introduced. Figure 20.5 has been revised to illustrate the structure of both a typical capillary bed (Figure 20.5a) and a mesenteric capillary bed with metarteriole and precapillary sphincters (Figure 20.5c).
- Interpreting Medical Images questions have been added to Figure 20.17 and 20.24.
- The pathway and form of the splenic artery have been clarified.
- Figure 20.18 has been revised to more accurately illustrate the pathway of venous drainage from the head.
- Discussion involving the area of supply of the middle cerebral artery has been revised for accuracy.

# Chapter 21 The Lymphatic and Immune Systems

- New information has been added regarding the presence of lymphatic vessels in the brain, the meningeal lymphatic vessels.
- Figure 21.2 has been revised to illustrate the meningeal lymphatic vessels in the brain.
- The deep cervical lymph nodes have been included in the discussion of the location of lymph nodes. Information has been added describing drainage of meningeal lymphatic vessels into the deep cervical lymph nodes.
- The term *venous angle* has been introduced to denote the junction of the internal jugular vein and subclavian vein.
- The summary of the functions of lymphatic vessels has been revised to include delivery of pathogens to lymph nodes.
- Information about transmission of Epstein-Barr virus has been updated.
- Discussion of HIV infection rates has been updated with current available data (2017).

# Chapter 22 The Respiratory System

- Structures belonging to the upper respiratory tract have been more clearly distinguished from those belonging to the lower respiratory tract.
- Table 22.1 has been revised to clarify the function of select portions of the respiratory pathway.
- Clinical Application: Epistaxis has been revised to include an additional treatment measure.
- Interpreting Medical Images question and new sagittal MRI of pharynx and larynx have been added to Figure 22.3.
- Interpreting Medical Images question has been added to Figure 22.4.
- Description of attachments of the epiglottis to the tongue has been clarified.
- Interpreting Medical Images question and new coronal CT of the lungs have been added to Figure 22.8.
- The names of the lobar bronchi in the right and left lung have been added to the discussion of the bronchial tree.
- Interpreting Medical Images question has been added to Figure 22.11.
- The position of the pulmonary artery, vein, and primary bronchus in the root of the right and left lung has been clarified.

# Chapter 23 The Digestive System

- Terminology for the abdominal regions has been updated to align with current *Terminologia Anatomica* accepted usage.
- Interpreting Medical Images question has been added to Figure 23.2.
- Figure 23.4 has undergone significant revisions: part (a) has been replaced with an improved cadaver image, and all parts include new descriptive part labels for clearer linkage between text content and art.
- Mention of the importance of the upper limb in ingestion has been added.
- Figure 23.5 has been updated to include chemical digestion in the oral cavity.
- Endoscopic view of the stomach has been added to Figure 23.17.
- Interpreting Medical Images question and new endoscopic view of the small intestine have been added to Figure 23.20.
- Check Your Understanding question has been revised for better clarity.
- Interpreting Medical Images question has been added to Figure 23.21.
- Interpreting Medical Images question has been added to Clinical Application: Diverticulosis and Diverticulitis.
- Interpreting Medical Images question and a new ultrasound image of the gallbladder with gallstones have been added to Figure 23.25.
- Figure 23.24 has been updated to clarify the type of epithelium found in the mucosal layer of the gastrointestinal tract.
- The discussion of hepatitis C has been updated to include treatment with new antiviral drugs that can cure many strains.

# Chapter 24 The Urinary System

- Interpreting Medical Images question has been added to Figure 24.2.
- Details regarding the function of the juxtaglomerular apparatus have been clarified.
- Interpreting Medical Images question has been added to Clinical Application: Pyelography to reinforce understanding of common sites where renal calculi can block the ureter.
- Check Your Understanding question 3 has been revised to reinforce that knowing word roots can help the student figure out the names of anatomical structures.

# **Chapter 25 The Reproductive System**

- Terminology has been changed to reflect current *Terminologia Anatomica* accepted usage: The term *primordial follicular epithelial cells* replaces *follicular cells*; and *follicular theca* replaces *theca folliculi*.
- Also per *Terminologia Anatomica, vesicular follicle* has been introduced as the primary term, with *antrum follicle* as the alternative term.
- The term *transverse cervical ligament* replaces *lateral cervical ligament*. *Cardinal ligament* is still included as an alternative term.
- Content addressing the female reproductive system has been reorganized: all the anatomical structures of the female reproductive tract are presented first, followed by the details of oogenesis, the ovarian cycle, and the uterine cycle.
- The photomicrograph in Figure 25.3 depicting the seminiferous tubule has been replaced with a new image.
- Part labels have been added to numerous figures to reinforce integration of text and art: Figure 25.3, Structure of the testis; Figure 25.16, The endometrium of the uterus and its blood supply; Figure 25.17, The external genitalia (vulva) of the female; Figure 25.21, Structure of a lactating (milk-secreting) mammary gland; and Figure 25.24, Implantation of the blastocyst.
- Labels have been reorganized in numerous figures for better teaching effectiveness: Figure 25.1, Reproductive organs of the male; Figure 25.3, Structure of the testis; Figure 25. 9, Spermatogenesis (sperm formation); Figure 25.11, Internal organs of the female reproductive system; Figure 25.19, The ovarian cycle; Figure 25.23, Fertilization; and Figure 25.25, Placenta formation.
- Blue "author voice" text has been added to several figures to enhance teaching effectiveness: Figure 25.16, The endometrium of the uterus and its blood supply; Figure 25.18, Oogenesis; and Figure 25.30, Development of homologous structures of the external genitalia in both sexes.

- Graphs of pituitary and ovarian hormones in Figure 25.20 have been updated for better accuracy and improved teaching effectiveness.
- Interpreting Medical Images question has been added to Figure 25.28, Mammograms.
- Discussion of cancer incidence and survival rates has been updated with current data.
- The derivatives of the genital tubercle and urethral folds in the male have been clarified.

# Highlights of What's New in Mastering A&P

Expanded for the Ninth Edition, Mastering A&P is an online learning and assessment system that offers thousands of tutorials, activities, and questions that can be assigned for homework and practice. In addition to the popular Clinical Scenario Tutorials, Cat Dissection Videos, A&P Flix Animation Activities, and Bone and Dissection Video Tutorials, Mastering A&P now includes these new features:

- New Roots to Remember Vocabulary Tutorials provide students with additional practice working with word roots and anatomical terms in context.
- New, Customizable Practice Anatomy Lab 3.1 (PAL) Flashcards allow students to create a personalized, mobile-friendly deck of flashcards and quizzes using images from PAL. Students can use a checklist to select only the structures that are covered in their class.
- New Option for Customizing Art Labeling Activities allows instructors to add or remove labels and leader lines from the Art Labeling activity assignment options and save customized versions of these activities to "My Items," separate from other questions in the item library. Like most other Mastering A&P assignments, customized art labeling activities are auto-gradable, and scores are recorded in the Mastering gradebook.

# Highlights of the Ninth Edition Pearson eText

The Pearson eText edition of *Human Anatomy* provides an easy-to-use, mobile-friendly, and personalized reading experience. As with previous editions, the eText is available within Mastering A&P. Highlights include the following:

► Numerous videos and animations bring anatomy concepts to life and are conveniently presented alongside the related figures in the text, exactly when and where a reader would find them most useful. Selected videos are signaled in the print edition with an icon, and the same animations and videos can be accessed in the Mastering A&P Study Area.



More precise cross-referencing hyperlinks allow readers to easily connect concepts, structures, and regional anatomy themes across chapters to achieve a broader conceptual understanding of anatomy. Instead of searching for page numbers and descriptions, the eText allows the user to instantly link, with just one click, to related figures, discussions, and suggested answers to "Check Your Understanding" questions.

- A glossary can be accessed without interrupting the flow of one's reading. Students can call up definitions for unfamiliar words by clicking a hotspot.
- Personalization tools, including highlighting, notes, and bookmarks, can be added by students and instructors. For additional guidance, instructors can share their notes with their class.

# ACKNOWLEDGMENTS

As we work on each new edition, we are reminded of the great pleasure of working collaboratively with dedicated, competent, and skilled professionals who make this textbook exceptional. This experience reinforces the importance of developing collaborative skills in our students. So many individuals have been involved in the various stages of planning, manuscript preparation, review, and production. Each person mentioned here has directly influenced and improved the final product. More important, each has been a pleasure to work with, and we thank them all.

Lauren Harp, Senior Acquisitions Editor, guided the vision, planning, and implementation of this new edition and associated electronic media. Lauren directed this project with informed decisions based on a clear understanding of the needs of faculty and students. Her advocacy for strong active learning content is apparent throughout the text, particularly in the implementation of new features: Roots to Remember and Interpreting Medical Images. This revision is much stronger as a result of Lauren's guidance. We thank her for her leadership and her friendship.

Michele Mangelli, Mangelli Productions, was project manager extraordinaire for this new edition, coordinating the editorial and production aspects of the project. Michele's diligence and attention to detail and schedule, organization, professionalism, and good humor kept this project moving forward.

The Content Producer, Sarah Shefveland, oversaw the development of the book's media program, including the Pearson eText. Stacey Weinberger once again contributed to this text with her manufacturing expertise. Wendy Mears and Derek Perrigo, our Marketing Managers, have efficiently kept a finger on the pulse of the marketplace—keeping in touch with professors and students, and providing feedback on what they do or do not like about the text and media products. Thank you all.

Kristin Piljay has done an outstanding job as photo researcher. Special thanks to the team at Imagineering—their skillful work on the art has added significantly to this new edition.

We thank other members of the production team—Heidi Aguiar at SPi Global; Sally Peyrefitte, copyeditor; and Betsy Dietrich and Martha Ghent, proofreaders—for their meticulous work. Many thanks go out to Gary Hespenheide for a beautiful interior design and the stunning new cover. We also acknowledge the work of SPi Global in assembling the pages.

Special thanks to Julie Stamm for reviewing the new Interpreting Medical Images questions and answer keys and revising the test bank along with Julia Held, Leslie Hendon for her work on the Dynamic Study Modules, U.S. Edition, Justin Shaffer for writing Complete Anatomy activities in MasteringA&P and contributing to instructor resources along with Molly Selba. Their insight and expertise contributed significantly to the effectiveness of these figures. Thank you. We also want to thank the following reviewers for their feedback and advice on MasteringA&P and our Ninth Edition eText:

Daniel Belliveau, University of Western Ontario Catherine Carpenter, University of California, Los Angeles Juan Diego Daza, Sam Houston State University Laurie Derby, University at Buffalo Kristine Garner, University of Arkansas, Fort Smith Eric Green, Salt Lake Community College Michael Griffin, Angelo State University Ruth Heisler, University of Colorado, Boulder Chery Hill, University of Missouri, Columbia Erin Jacobs, Mount Saint Mary's University Jerry Liu, Mount Saint Mary's University Behnaz Parhami-Seren, Moorpark College Mojgan Parizi-Robinson, Baylor University Justin Shaffer, University of California, Irvine Jeffrey Simpson, Metropolitan State University of Denver Julie Stamm, University of Wisconsin, Madison Kelli Taeger, University of Iowa John Tarpey, City College of San Francisco

Finally, a note of gratitude for the support and encouragement provided by our families. They have been patient and understanding about the time taken from them while we focused on revisions, and we thank them. Our last acknowledgment is a shout-out to our students, who continue to inspire us.

# ACKNOWLEDGMENTS FOR THE GLOBAL EDITION

Pearson would like to thank and acknowledge the following for their work on the Global Edition.

# Contributors

Victor Chatterjee, PhD Anne D Souza, Kasturba Medical College Helen Law, The Hong Kong Polytechnic University Liana Maree, University of the Western Cape Christiane Van den Branden, Vrije Universiteit Brussel

# **Reviewers**

Erna Bruwer, University of Johannesburg Anne D Souza, Kasturba Medical College Snezana Kusljic, The University of Melbourne Hemant Mehta, Australian Catholic University Carine Smith, Stellenbosch University Eva Strandell, Halmstad University Christiane Van den Branden, Vrije Universiteit Brussel

1	The Human Body: An Orientation 33
1.1	An Overview of Anatomy 34
1.1a	Subdisciplines of Anatomy 34 Gross Anatomy 34 Microscopic Anatomy 34 Other Branches of Anatomy 34
1.1b	The Hierarchy of Structural Organization 34
	FOCUS FIGURE 1.1 Levels of Structural Organization 35
1.1c	Units of Measurement 38
1.1d	Anatomical Terminology 38
1.2	Gross Anatomy: An Introduction 38
1.2a	Regional and Directional Terms 38
1.2b	Body Planes and Sections 39
1.2c	The Human Body Plan 42
1.2d	Body Cavities and Membranes 43 Dorsal Body Cavity 43 Ventral Body Cavity 43 Serous Cavities 44
1.2e	Abdominal Quadrants 45
1.2f	Anatomical Variability 45
1.3	Microscopic Anatomy: An Introduction 45
1.3a	Light and Electron Microscopy 45
1.3b	Scanning Electron Microscopy 46
1.3c	Artifacts 47
1.4	Clinical Anatomy: An Introduction to Medical Imaging Techniques 47
1.4a	X-Ray Imaging 47
1.4b	Advanced X-Ray Techniques 48 Computed Tomography 48 Angiography 49
1.4c	Positron Emission Tomography 49
1.4d	Sonography 50

	Chapter Summary 51
	Review Questions 52
2	Cells: The Living Units 54
2.1	Overview of Cells 55
2.2	The Plasma Membrane 56
2.2a	Structure 58
2.2b	Functions 58
2.2c	Membrane Transport 59
2.3	The Cytoplasm 60
2.3a	Cytosol 60
2.3b	Cytoplasmic Organelles 61 Ribosomes 61 Endoplasmic Reticulum 61 Golgi Apparatus 62 Lysosomes 63 Mitochondria 64 Peroxisomes 64 Cytoskeleton 64 Centrosome and Centrioles 65
2.3c	Cytoplasmic Inclusions 65
2.4	The Nucleus 66
2.4a	Nuclear Envelope 66
2.4b	Nucleolus 66
2.4c	Chromatin and Chromosomes 67
2.5	The Cell Life Cycle 69
2.5a	Interphase 69
2.5b	Cell Division 69 Mitosis 69 <b>FOCUS FIGURE 2.17</b> Mitosis 70 Cytokinesis 72
2.6	Developmental Aspects of Cells 72
2.6a	Cell Differentiation 72
2.6b	Aging 73
2.55	

Magnetic Resonance Imaging 50

1.4e



# **CLINICAL APPLICATIONS**

Hypercholesterolemia 60 Tay-Sachs Disease 63

Related Clinical Terms 74 Chapter Summary 74 Review Questions 76

- **3** Basic Embryology 78
- 3.1 Stages of Prenatal Development 79
- 3.2 The Basic Body Plan 79
- 3.3 The Embryonic Period 80
- 3.3a Week 1: From Zygote to Blastocyst 80
- 3.3b Week 2: The Two-Layered Embryo 82
- 3.3c Week 3: The Three-Layered Embryo 82 The Primitive Streak and the Three Germ Layers 82 The Notochord 83 Neurulation 84 The Mesoderm Begins to Differentiate 86
- 3.3d Week 4: The Body Takes Shape 86 Folding 86 Derivatives of the Germ Layers 86
- 3.3e Weeks 5–8: The Second Month of Embryonic Development 88
- 3.4 The Fetal Period 91

A CLOSER LOOK Focus on Birth Defects 92



CLINICAL APPLICATIONS Conjoined (Siamese) Twins 81 Neural Tube Defects 85

Related Clinical Terms 93 Chapter Summary 93 Review Questions 94

# **4** Tissues 96

- 4.1 Epithelial Tissue 97
- 4.1a Special Characteristics of Epithelia 98
- 4.1b Classification of Epithelia 98 Simple Epithelia 99 Stratified Epithelia 104
- 4.1c Glands 104 Endocrine Glands 104 Exocrine Glands 104
- 4.1d Epithelial Surface Features 106 Lateral Surface Features: Cell Junctions 106

Basal Feature: The Basal Lamina 108 Apical Surface Features: Microvilli and Cilia 108

# 4.2 Connective Tissue 109

- 4.2a Special Characteristics of Connective Tissues 110
- 4.2b Structural Elements of Connective Tissues 111 Cells 111 Fibers 112 Ground Substance 112
- 4.2c Classification of Connective Tissues 113 Connective Tissue Proper—Loose Connective Tissues 113 Connective Tissue Proper—Dense Connective Tissue 116 Cartilage 118 Bone 121 Blood 121
- 4.2d Covering and Lining Membranes 121 FOCUS FIGURE 4.11 Identifying Epithelial and Connective Tissues 122
- 4.3 Muscle Tissue 125
- 4.4 Nervous Tissue 125
- 4.5 Tissue Response to Injury 127
- 4.5a Inflammation 127
- 4.5b Repair 129
- 4.6 The Tissues Throughout Life 129

A CLOSER LOOK Cancer—The Intimate Enemy 131

CLINICAL APPLICATIONS
 Basement Membranes and Diabetes 108
 Kartagener's Syndrome 109 Scurvy 112

Related Clinical Terms 130 Chapter Summary 132 Review Questions 133

5 The Integumentary System 135

# 5.1 The Skin and Subcutaneous Tissue 136

- 5.1a Epidermis 137 Layers of the Epidermis 137
- 5.1b Dermis 140 Papillary Dermis 140 Reticular Dermis 140

A CLOSER LOOK Tattoos 142

- 5.1c Subcutaneous Tissue 142
- 5.1d Skin Color 142
- 5.2 Appendages of the Skin 143
- 5.2a Nails 143
- 5.2b Hair and Hair Follicles 144 Hair 144 Hair Follicles 144 Types and Growth of Hair 146 Hair Thinning and Baldness 146
- 5.2c Sebaceous Glands 147
- 5.2d Sweat Glands 147 Eccrine Sweat Glands 148 Apocrine Sweat Glands 148

# 5.3 Disorders of the Integumentary System 148

- 5.3a Burns 148
- 5.3b Skin Cancer 150 Basal Cell Carcinoma 150 Squamous Cell Carcinoma 150 Melanoma 150
- 5.4 The Skin Throughout Life 150

CLINICAL APPLICATIONS

Skin's Response to Friction 140 Decubitus Ulcer 140 The Patch Drug Delivery System 141 Freckles and Moles 143 Cyanosis 143 Chemotherapy and Hair Loss 146 Acne 147

Related Clinical Terms 151 Chapter Summary 152 Review Questions 153

- 6 Bones and Skeletal Tissues 155
- 6.1 Cartilages 156
- 6.1a Location and Basic Structure 156
- 6.1b Types of Cartilage 157 Hyaline Cartilage 157

# A CLOSER LOOK

The Marvelous Properties of Cartilage 158 Elastic Cartilage 158 Fibrocartilage 158

6.1c Growth of Cartilage 159

# 6.2 Bones 159

- 6.2a Functions of Bones 159
- 6.2b Bone Tissue 159 Extracellular Matrix 159 Cells 160
- 6.2c Gross Anatomy of Bones 160 Classification of Bones 160 Compact and Spongy Bone 161 Structure of a Typical Long Bone 161 Structure of Short, Irregular, and Flat Bones 163 Bone Design and Stress 163
- 6.2d Microscopic Structure of Bone 164 Compact Bone 164 Spongy Bone 167
- 6.2e Bone Development and Growth 167 Intramembranous Ossification 168 Endochondral Ossification 168 Anatomy of the Epiphyseal Plate 170 Postnatal Growth of Endochondral Bones 171
- 6.2f Bone Remodeling 171
- 6.2g Repair of Bone Fractures 173
- 6.3 Disorders of Bones 175
- 6.3a Osteoporosis 175
- 6.3b Osteomalacia and Rickets 176
- 6.3c Osteosarcoma 176
- 6.4 The Skeleton Throughout Life 177
  - CLINICAL APPLICATIONS
    - Achondroplasia 171 Paget's Disease 173 Traction 175

Related Clinical Terms 178 Chapter Summary 178 Review Questions 179

- 7 Bones, Part 1: The Axial Skeleton 182
- 7.1 The Skull 184
- 7.1a Overview of Skull Geography 184
- 7.1b Cranial Bones 185 Parietal Bones and the Major Sutures 185 Sutural Bones 186 Frontal Bone 187 Occipital Bone 187 Temporal Bones 188

Sphenoid Bone 190 Ethmoid Bone 194 Facial Bones 194

7.1c Facial Bones 194 Mandible 194 Maxillary Bones 195 Zygomatic Bones 199 Nasal Bones 199 Lacrimal Bones 199 Palatine Bones 199 Vomer 199 Inferior Nasal Conchae 199

7.1d Special Parts of the Skull 199 Nasal Cavity 199 Paranasal Sinuses 200 Orbits 201 The Hyoid Bone 201

# 7.2 The Vertebral Column 202

- 7.2a Regions and Normal Curvatures 202
- 7.2b Ligaments of the Spine 203
- 7.2c Intervertebral Discs 203
- 7.2d General Structure of Vertebrae 204
- 7.2e Regional Vertebral Characteristics 205 Cervical Vertebrae 206 Thoracic Vertebrae 207 Lumbar Vertebrae 208 Sacrum 209 Coccyx 209
- 7.3 The Thoracic Cage 210
- 7.3a Sternum 211
- 7.3b Ribs 211
- 7.4 Disorders of the Axial Skeleton 212
- 7.4a Cleft Palate 212
- 7.4b Stenosis of the Lumbar Spine 212
- 7.4c Abnormal Spinal Curvatures 212
- 7.5 The Axial Skeleton Throughout Life 213
- CLINICAL APPLICATIONS

Deviated Septum 199 Herniated Disc 204 The Dens and Fatal Trauma 206

Related Clinical Terms 214 Chapter Summary 215 Review Questions 216

ð	Bones, Part 2: The Appendicular Skeleton 217
8.1	The Pectoral Girdle 218
8.1a	Clavicles 218
8.1b	Scapulae 219
8.2	The Upper Limb 219
8.2a	Arm 219
8.2b	Forearm 223 Ulna 223 Radius 223
8.2c	Hand 224 Carpus 224 Metacarpus 224 Phalanges of the Fingers 224
8.3	The Pelvic Girdle 226
8.3a	llium 226
8.3b	lschium 228
8.3c	Pubis 228
8.3d	Pelvic Structure and Childbearing 229
8.4	The Lower Limb 229
8.4a	Thigh 229
8.4b	Leg 231 Tibia 233 Fibula 234
8.4c	Foot 234 Tarsus 235 Metatarsus 235 Phalanges of the Toes 235 Arches of the Foot 235
8.5	Disorders of the Appendicular Skeleton 236
8.6	The Appendicular Skeleton Throughout Life 237
	CLINICAL APPLICATIONS Fractures of the Clavicle 219 Palpation of Colles' Fracture 223 Carpal Tunnel Syndrome 226 Hip Fracture as a Result of Osteoporosis 229 Ankle Fractures 234 Metatarsal Stress Fracture 235 Related Clinical Terms 237 Chapter Summary 238
	Review Questions 238

0

- **9** Joints 240
- 9.1 Classification of Joints 241
- 9.2 Fibrous Joints 241
- 9.2a Sutures 241
- 9.2b Syndesmoses 241
- 9.2c Gomphoses 242
- 9.3 Cartilaginous Joints 242
- 9.3a Synchondroses 242
- 9.3b Symphyses 242
- 9.4 Synovial Joints 242
- 9.4a General Structure of Synovial Joints 243
- 9.4b Movements Allowed by Synovial Joints 245 Gliding 245 Angular Movements 246 Special Movements 249
- 9.4c Types of Synovial Joints 249
- 9.4d Factors Influencing the Stability of Synovial Joints 249 Articular Surfaces 249

FOCUS FIGURE 9.8

Synovial Joints 250 Ligaments 252 Muscle Tone 252

# 9.5 Selected Synovial Joints 253

- 9.5a Temporomandibular Joint 254
- 9.5b Sternoclavicular Joint 256
- 9.5c Shoulder (Glenohumeral) Joint 256
- 9.5d Elbow Joint 258
- 9.5e Wrist Joint 259
- 9.5f Hip Joint 260
- 9.5g Knee Joint 261
- 9.5h Ankle Joint 264

# 9.6 Disorders of Joints 266

- 9.6a Joint Injuries 266 Torn Cartilage 266 Sprains 266 Dislocations 267
- 9.6b Inflammatory and Degenerative Conditions 267 Bursitis, Tendonitis, and Tenosynovitis 267 Arthritis 267

# 9.7 The Joints Throughout Life 269

# CLINICAL APPLICATIONS

Temporomandibular Disorders 255 Shoulder Dislocations 258 Elbow Trauma 259 Knee Injuries 263 Ankle Sprains 266 Autologous Cartilage Implantation 266 Nursemaid's Elbow 267

Related Clinical Terms269Chapter Summary270Review Questions271

# **10** Skeletal Muscle Tissue 273

# 10.1 Overview of Muscle Tissue 274

- 10.1a Properties of Muscle Tissue 274 Terminology Specific to Muscle Tissue 274
- 10.1b Functions of Muscle Tissue 274
- 10.1c Types of Muscle Tissue 274 Skeletal Muscle Tissue 274 Cardiac Muscle Tissue 274 Smooth Muscle Tissue 274

# 10.2 Skeletal Muscle 276

- 10.2a Gross Anatomy of a Skeletal Muscle 276 Connective Tissue and Fascicles 276 Nerves and Blood Vessels 277 Muscle Attachments 277
- 10.2b Microscopic Structure of Skeletal Muscle Tissue 278 The Skeletal Muscle Fiber 278 Myofibrils and Sarcomeres 278 Titin and Other Myofibril Proteins 280 Sarcoplasmic Reticulum and T Tubules 280
- 10.2c Functional Anatomy of Skeletal Muscle Tissue 281 Mechanism of Contraction 281 Muscle Extension 282 Muscle Fiber Length and the Force of Contraction 282 Innervation of Skeletal Muscle 283 Types of Skeletal Muscle Fibers 284

# 10.3 Disorders of Skeletal Muscle Tissue 287

- 10.3a Muscular Dystrophy 288
- 10.3b Myofascial Pain Syndrome 288
- 10.3c Fibromyalgia 288

# 10.4 Skeletal Muscle Tissue Throughout Life 288

A CLOSER LOOK Anabolic Steroid Abuse 290



CLINICAL APPLICATIONS

Delayed-Onset Muscle Soreness 282 Muscle Twitch 284 Rhabdomyolysis 285

Related Clinical Terms 290 Chapter Summary 291 Review Questions 292

# **11** Muscles of the Body 294

# 11.1 Mechanics of Muscle Function 295

- 11.1a Arrangement of Fascicles in Muscles 295
- 11.1b Lever Systems: Bone-Muscle Relationships 296 First-Class Lever 296 Second-Class Lever 298 Third-Class Lever 298
- 11.1c Muscle Actions and Interactions 298

FOCUS FIGURE 11.4 Muscle Action 299

# 11.2 Organization of Skeletal Muscles 300

- 11.2a Organizational Scheme Based on Embryonic Development 300
- 11.2b Muscle Compartments of the Limbs 302 Upper Limb 302 Lower Limb 302

# 11.3 Major Skeletal Muscles of the Body 305

- 11.3a Naming the Skeletal Muscles 305
- 11.3b The Muscle Tables 305

**Table 11.1** Muscles of the Head, Part I: FacialExpression309

**Table 11.2** Muscles of the Head, Part II:Mastication and Tongue Movement312

**Table 11.3** Muscles of the Anterior Neck andThroat: Swallowing314

**Table 11.4** Muscles of the Neck and VertebralColumn: Head Movements and TrunkExtension317

**Table 11.5** Deep Muscles of the Thorax:Breathing321

Table 11.6Muscles of the Abdominal Wall:Trunk Movements and Compression of AbdominalViscera323

**Table 11.7** Muscles of the Pelvic Floorand Perineum: Support of AbdominopelvicOrgans326

**Table 11.8** Superficial Muscles of the Anteriorand Posterior Thorax: Movements of theScapula328

**Table 11.9** Muscles Crossing the Shoulder Joint:Movements of the Arm (Humerus)332

**Table 11.10** Muscles Crossing the Elbow Joint:Flexion and Extension of the Forearm335

**Table 11.11** Muscles of the Forearm: Movementsof the Wrist, Hand, and Fingers336

**Table 11.12** Summary of Actions of MusclesActing on the Arm, Forearm, and Hand342

**Table 11.13** Intrinsic Muscles of the Hand: FineMovements of the Fingers343

**Table 11.14** Muscles Crossing the Hip and KneeJoints: Movements of the Thigh and Leg346

**Table 11.15** Muscles of the Leg: Movements ofthe Ankle and Toes354

Table 11.16Summary of Actions of MusclesActing on the Thigh, Leg, and Foot360Table 11.17Intrinsic Muscles of the Foot: ToeMovement and Foot Support361

### 11.4 Regional Surface Anatomy 364

- 11.4a The Head 365 The Cranium 365 The Face 365
- 11.4b The Neck 366 Skeletal Landmarks 366 Muscles of the Neck 367 Triangles of the Neck 367
- 11.4c The Thorax 367 Skeletal Landmarks 367 Muscles of the Thorax 367
- 11.4d The Abdomen 367Skeletal Landmarks 367Muscles and Other Abdominal Surface Features 368
- 11.4e The Back 368 Bones of the Back 368 Muscles of the Back 369
- 11.4f The Upper Limb and Shoulder 369 The Axilla 369 The Shoulder 370 The Arm 370 The Elbow Region 371 The Forearm and Hand 372

11.4g The Lower Limb and Gluteal Region 372 The Gluteal Region 372 The Thigh 375 The Leg and Foot 375

CLINICAL APPLICATIONS

Compartment Syndrome 302 Torticollis 317 Hernia 323 Tennis Elbow 336 Lacerations to the Neck 367 The Triangle of Auscultation 369 Gluteal Intramuscular Injections 373

Related Clinical Terms 376 Chapter Summary 376 Review Questions 379

**12** Fundamentals of the Nervous System and Nervous Tissue 381

# 12.1 The Functional Organization of the Nervous System 382

- 12.1a Functions of the Nervous System 382
- 12.1b Basic Divisions of the Nervous System 382 Somatic Sensory (SS) 384 Visceral Sensory (VS) 384 Somatic Motor (SM) 384 Visceral Motor (VM) 384
  12.2 Nervous Tissue 385
- 12.2 Nervous lissue 385
- 12.2a The Neuron 385 The Cell Body 385 Neuron Processes 385 Synapses 386 Classification of Neurons 387
- 12.2b Neuroglia 390 Neuroglia in the CNS 390 Neuroglia in the PNS 391 Myelin Sheaths 391

# 12.3 Gross Anatomy of the Nervous System: An Overview 393

- 12.3a Gray and White Matter of the CNS 393
- 12.3b Nerves 393
- 12.4 Neuronal Integration 395
- 12.4a Reflex Arcs 395 Monosynaptic Reflex 395 Polysynaptic Reflex 395
- 12.4b Neuronal Circuits 396 Diverging Circuit 397

Converging Circuit 397 Reverberating Circuit 397 Serial Processing 397 Parallel Processing 397

### FOCUS FIGURE 12.13 Neuronal Pathways 398

- 12.4c Integration Between the PNS and CNS 398
- 12.5 Disorders of Nervous Tissue 399
- 12.5a Multiple Sclerosis 399
- 12.5b Neuronal Regeneration 400

# 12.6 Nervous Tissue Throughout Life 401

- 12.6a Embryonic Development of Nervous Tissue 401
- CLINICAL APPLICATIONS
  - Gliomas 391 Tic Douloureux 391 Regeneration and Spinal Cord Injuries 400

Related Clinical Terms 403 Chapter Summary 403 Review Questions 404

- **13** The Central Nervous System 406
- 13.1 The Brain 407
- 13.1a Embryonic Development of the Brain 407
- 13.1b Basic Parts and Organization of the Brain 408
   Ventricles of the Brain 409
   Distribution of Gray Matter and White Matter 409
- 13.1c The Brain Stem 410 The Medulla Oblongata 410 The Pons 412 The Midbrain 413
- 13.1d The Cerebellum 415 The Cerebellar Peduncles 416
- 13.1e The Diencephalon 417 The Thalamus 417 The Hypothalamus 417 The Epithalamus 419
- 13.1f The Cerebrum 420
   Lobes of the Cerebral Cortex 420
   Functional Areas of the Cerebral Cortex 420
   White Matter of the Cerebrum 428
   Deep Gray Matter of the Cerebrum 430

- 13.1g Functional Brain Systems 431 The Limbic System 431 The Reticular Formation 432
- 13.1h Protection of the Brain 433 Meninges 435 Cerebrospinal Fluid 436 Blood Brain Barrier 439

## 13.2 The Spinal Cord 439

- 13.2a White Matter of the Spinal Cord 442
- 13.2b Gray Matter of the Spinal Cord and Spinal Roots 443
- 13.2c Protection of the Spinal Cord 444

# 13.3 Sensory and Motor Pathways in the Central Nervous System 445

- 13.3a Ascending Pathways 446 Spinocerebellar Pathway 446 Dorsal Column–Medial Lemniscal Pathway 446 Spinothalamic Pathway 446
- 13.3b Descending Pathways 448 Direct Pathways (Pyramidal Tracts) 450 Indirect Pathways (Extrapyramidal Tracts) 450
- 13.4 Disorders of the Central Nervous System 451
- 13.4a Spinal Cord Damage 451
- 13.4b Brain Dysfunction 451 Cerebrovascular Accidents 451

A CLOSER LOOK Traumatic Brain Injury 452 Alzheimer's Disease 453

# 13.5 The Central Nervous System Throughout Life 453

- 13.5a Embryonic Development and Congenital Conditions 453
- 13.5b Postnatal Changes in the Brain 454

**CLINICAL APPLICATIONS** 

Localization of a Brain Stem Injury 415 Injury to the Cerebellum 415 Why Won't Teenagers Sleep at Night? 419 Phantom Limb Pain 423 Agnosia 426 Neglect Syndrome 427 Dyskinesia 431 Hydrocephalus 439 Flaccid and Spastic Paralysis 444 Meningitis 445 Amyotrophic Lateral Sclerosis (ALS) 451

Related Clinical Terms 455 Chapter Summary 455 **Review Questions** 457

# **14** The Peripheral Nervous System 459

- 14.1 **Organization of the Peripheral Nervous** System 460
- 14.2 Peripheral Sensory Receptors 460
- 14.2a Functional Classification 461 Location of Receptors 461 Stimulus Type 461
- 14.2b Structural Classification 461 Free Nerve Endings 461 Encapsulated Nerve Endings 463
- 14.3 Cranial Nerves 464

## 14.4 Spinal Nerves 476

- 14.4a Innervation of the Back 478
- 14.4b Innervation of the Anterior Thoracic and Abdominal Wall 478

# 14.4c Nerve Plexuses 478

The Cervical Plexus and Innervation of the Neck 478

The Brachial Plexus and Innervation of the Upper Limb 479

### FOCUS FIGURE 14.10

Innervation of the Upper Limb 482

The Lumbar Plexus and Innervation of the Lower Limb 487

The Sacral Plexus and Innervation of the Lower Limb 487

### FOCUS FIGURE 14.13

Innervation of the Lower Limb 488

- 14.4d Innervation of Joints of the Body 491
- 14.4e Innervation of the Skin: Dermatomes 491

# 14.5 Disorders of the Peripheral Nervous System 493

- 14.5a Shingles 493
- 14.5b Migraines 493
- 14.5c Peripheral Neuropathy 493

A CLOSER LOOK Postpolio Syndrome: The Plight of Some "Recovered" Polio Victims 494

14.6 The Peripheral Nervous System Throughout Life 494

# **CLINICAL APPLICATIONS**

Paresthesia 464 Anosmia 467 Optic Nerve Damage 467 Oculomotor Nerve Paralysis 468 Trochlear Nerve Damage 468 Anesthesia for Upper and Lower Jaws 470 Abducens Nerve Paralysis 470 Bell's Palsy 471 Vestibulocochlear Nerve Damage 472 Glossopharyngeal Nerve Damage 473 Vagus Nerve Damage 474 Damage to Accessory Nerves 475 Hypoglossal Nerve Damage 475 Hiccups 479 Brachial Plexus Injuries 481 Median Nerve Injury 484 Ulnar Nerve Injuries 484 Radial Nerve Injuries 484 Compression of Lumbar Spinal Nerves 487 Sciatic Nerve Injuries 491 Clinical Importance of Dermatomes 493

Related Clinical Terms 495 Chapter Summary 495 Review Questions 497

- **15** The Autonomic Nervous System and Visceral Sensory Neurons 499
- 15.1 Overview of the Autonomic Nervous System 500
- 15.1a Comparison of the Autonomic and Somatic Motor Systems 500

## FOCUS FIGURE 15.2

Comparing Somatic Motor and Autonomic Innervation 501

15.1b Divisions of the Autonomic Nervous System 502

## 15.2 The Parasympathetic Division 504

- 15.2a Cranial Outflow 504 Oculomotor Nerve (III) 504 Facial Nerve (VII) 504 Glossopharyngeal Nerve (IX) 505 Vagus Nerve (X) 505
- 15.2b Sacral Outflow 505

# 15.3 The Sympathetic Division 505

- 15.3a Basic Organization 505 Sympathetic Trunk Ganglia 508 Collateral Ganglia 508
- 15.3b Sympathetic Pathways 509 Pathways to the Body Periphery 510 Pathways to the Head 510 Pathways to the Thoracic Organs 510 Pathways to the Abdominal Organs 510 Pathways to the Pelvic Organs 512

- 15.3c The Role of the Adrenal Medulla in the Sympathetic Division 512
- 15.4 Visceral Sensory Neurons 513
- 15.5 Visceral Reflexes 513
- 15.6 Central Control of the Autonomic Nervous System 515
- 15.6a Control by the Brain Stem and Spinal Cord 515
- 15.6b Control by the Hypothalamus and Amygdaloid Body 515
- 15.6c Control by the Cerebral Cortex 515
- 15.7 Disorders of the Autonomic Nervous System 515
- 15.8 The Autonomic Nervous System Throughout Life 516

# CLINICAL APPLICATIONS

Autonomic Neuropathy 503 Horner's Syndrome 510 Stress-Induced Hypertension 512 Autonomic Hyperreflexia 514

Related Clinical Terms 517 Chapter Summary 517 Review Questions 518

# **16** The Special Senses 520

- 16.1 The Chemical Senses: Taste and Smell 521
- 16.1a Taste (Gustation) 521 Taste Buds 521 Taste Sensations and the Gustatory Pathway 522
- 16.1b Smell (Olfaction) 522
- 16.1c Embryonic Development of the Chemical Senses 523
- 16.1d Disorders of the Chemical Senses 524

# 16.2 The Eye and Vision 524

- 16.2a Accessory Structures of the Eye 524 Eyebrows 524 Eyelids 524 Conjunctiva 525 Lacrimal Apparatus 525 Extrinsic Eye Muscles 526
- 16.2b Anatomy of the Eyeball 527 The Fibrous Layer 527 The Vascular Layer 528

The Inner Layer 529 Internal Chambers and Fluids 532 The Lens 533

- 16.2c The Eye as an Optical Device 533
- 16.2d Visual Pathways 534 Visual Pathway to the Cerebral Cortex 535 Visual Pathways to Other Parts of the Brain 536
- 16.2e Embryonic Development of the Eye 536
- 16.2f Disorders of the Eye and Vision 538

## 16.3 The Ear: Hearing and Equilibrium 538

- 16.3a The External Ear 538
- 16.3b The Middle Ear 540
- 16.3c The Internal Ear 541
   The Cochlea 542
   The Vestibule and the Utricle and Saccule 544
   The Semicircular Canals and Semicircular Ducts 545
- 16.3d Auditory and Equilibrium Pathways 547
- 16.3e Embryonic Development of the Ear 547
- 16.3f Disorders of Equilibrium and Hearing 549
   Motion Sickness 549
   Ménière's Syndrome 549
   Deafness 549

# 16.4 The Special Senses Throughout Life 549

Olfaction and Taste 549 Vision 549 Hearing 550

### **CLINICAL APPLICATIONS**

Anosmia 523 Strabismus 527 Corneal Transplants 527 Age-Related Macular Degeneration (AMD) 531 Detached Retina 532 Glaucoma 533 Cataract 533 Focusing Disorders 534 Perforated Eardrum 540 Middle Ear Infections 540 Otosclerosis 541

Related Clinical Terms 550 Chapter Summary 550 Review Questions 553

**17** The Endocrine System 554

# 17.1 Overview 555

- 17.1a Endocrine Organs 555
- 17.1b Hormones 555

Classes of Hormones 555 Basic Hormone Action 556 Control of Hormone Secretion 556

### 17.2 The Major Endocrine Organs 557

17.2a The Pituitary Gland 557
Gross Anatomy 557
The Anterior Lobe 557
Hypothalamic Control of Hormone Secretion from the Anterior Lobe 559
The Posterior Lobe 559

# FOCUS FIGURE 17.4

Hypothalamus and Pituitary Interactions 560

- 17.2b The Thyroid Gland 563 Gross Anatomy 563 Microscopic Anatomy 563
- 17.2c The Parathyroid Glands 564 Gross Anatomy 565 Microscopic Anatomy 565
- 17.2d The Adrenal (Suprarenal) Glands 566 Gross Anatomy 566 The Adrenal Medulla 566 The Adrenal Cortex 566
- 17.2e The Pineal Gland 568
- 17.2f The Pancreas 568
- 17.2g The Thymus 569
- 17.2h The Gonads 569
- 17.3 Other Endocrine Structures 569
- 17.4 Disorders of the Endocrine System 570
- 17.4a Pituitary Disorders 570
- 17.4b A Disorder of the Pancreas: Diabetes Mellitus 570
  Type 1 Diabetes 571
  Type 2 Diabetes 571
- 17.4c Disorders of the Thyroid Gland 571
- 17.4d Disorders of the Adrenal Cortex 572
- 17.5 The Endocrine System Throughout Life 572
- -

### **CLINICAL APPLICATIONS**

Therapeutic Uses of Growth Hormone 559 Therapeutic Uses of Oxytocin 563 Osteoporosis Treatment 564 Related Clinical Terms 574 Chapter Summary 574 Review Questions 576

# **18** Blood 578

- 18.1 Composition of Blood 579
- 18.1a Blood Plasma 579
- 18.1b Formed Elements 580 Erythrocytes 580 Leukocytes 581 Platelets 585

# 18.2 Blood Cell Formation 585

- 18.2a Bone Marrow as the Site of Hematopoiesis 585
- 18.2b Cell Lines in Blood Cell Formation 586 Genesis of Erythrocytes 588 Formation of Leukocytes and Platelets 588

# 18.3 Disorders of the Blood 588

- 18.3a Disorders of Erythrocytes 588
- 18.3b Disorders of Leukocytes 589
- 18.3c Disorders of Platelets 589
- 18.4 The Blood Throughout Life 589

A CLOSER LOOK Hematopoietic Cell Transplants 590

# **CLINICAL APPLICATIONS**

Hemochromatosis 580 Thalassemia 581 Complete Blood Count 584 Thrombus 585 Abnormal Numbers of Immature Blood Cells 588

Related Clinical Terms 591 Chapter Summary 591 Review Questions 592

- **19** The Heart 594
- 19.1 Location and Orientation Within the Thorax 595
- 19.2 Structure of the Heart 597
- 19.2a Coverings 597
- 19.2b Layers of the Heart Wall 597
- 19.2c Heart Chambers 598 Right Atrium 598
  - Right Ventricle 598 Left Atrium 598 Left Ventricle 603

## 19.3 Heart Valves 603

- 19.3a Valve Structure 603
- 19.3b Valve Function 603
- 19.3c Heart Sounds 603
- 19.4 Pathway of Blood Through the Heart 605

**FOCUS FIGURE 19.10** Blood Flow Through the Heart 606

# 19.5 Cardiac Muscle Tissue 607

- 19.5a Structure of Cardiac Muscle 607
- 19.5b Mechanism of Contraction 608
- 19.6 Conducting System and Innervation 609
- 19.6a Conducting System 609
- 19.6b Innervation 610
- 19.7 Blood Supply to the Heart 611
- 19.7a Coronary Arteries 611
- 19.7b Cardiac Veins 612
- 19.8 Disorders of the Heart 612
- 19.8a Coronary Artery Disease 612
- 19.8b Heart Failure 612

A CLOSER LOOK Coronary Artery Disease 613

- 19.8c Disorders of the Conduction System 614
- 19.9 The Heart Throughout Life 614
- 19.9a Development of the Heart 614
- 19.9b The Heart in Adulthood and Old Age 616

CLINICAL APPLICATIONS

Pericarditis and Cardiac Tamponade 597 Valve Disorders 604 Hypertrophic Cardiomyopathy 607 Damage to the Conducting System 610

Related Clinical Terms616Chapter Summary616Review Questions618

# **20** Blood Vessels 620

- Part 1: General Characteristics of Blood Vessels 621
- 20.1 Structure of Blood Vessel Walls 621
- 20.2 Types of Blood Vessels 621

- 20.2a Arteries 621 Elastic Arteries 621 Muscular Arteries 623 Arterioles 623
- 20.2b Capillaries 624 Continuous Capillaries 624 Fenestrated Capillaries 624 Sinusoid Capillaries (Sinusoids) 625 Capillary Permeability 625 Capillary Beds 625
- 20.2c Venous Vessels 626 Venules 626 Veins 626
- 20.3 Vascular Anastomoses 627
- Part 2: Blood Vessels of the Body 628
- 20.4 The Pulmonary Circulation 628
- 20.5 The Systemic Circulation 629
- 20.5a Systemic Arteries 629 Aorta 631 Arteries of the Head and Neck 632 Arteries of the Thorax 634 Arteries of the Upper Limbs 635 Arteries of the Abdomen 635 Arteries of the Pelvis and Lower Limbs 638
- 20.5b Systemic Veins 640

Venae Cavae and Their Major Tributaries 642 Veins of the Head and Neck 642 Veins of the Thorax 643 Veins of the Upper Limbs 644 Veins of the Abdomen 645 Portal-Systemic Anastomoses 648 Veins of the Pelvis and Lower Limbs 648

# 20.6 Disorders of the Blood Vessels 650

# A CLOSER LOOK Atherosclerosis? Get Out the Cardiovascular

Drāno 651

FOCUS FIGURE 20.25 Fetal and Newborn Circulation 652

# 20.7 Blood Vessels Throughout Life 654

- 20.7a Fetal Circulation 654 Vessels to and from the Placenta 654 Shunts Away from the Pulmonary Circuit 654
- 20.7b Blood Vessels in Adulthood 655

# **CLINICAL APPLICATIONS**

Varicose Veins 628 Pulse Points in the Head and Neck 632 Pulse Points in the Upper Limb 634 Pulse Points in the Lower Limb 639 Medical Importance of The Cavernous Sinus 643 Medical Importance of the Saphenous Veins 649

Related Clinical Terms 655 Chapter Summary 655 **Review Questions** 657

# **21** The Lymphatic and Immune Systems 659

### The Lymphatic System 660 21.1

- 21.1a Lymphatic Capillaries 660
- 21.1b Collecting Lymphatic Vessels 661 Lymph Transport 661
- 21.1c Lymph Nodes 661 Microscopic Anatomy 662
- 21.1d Lymph Trunks 662
- 21.1e Lymph Ducts 662 Thoracic Duct 662 Right Lymphatic Duct 663

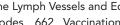
# 21.2 The Immune System 664

- 21.2a Lymphocytes 665
- 21.2b Lymphocyte Differentiation and Activation 666
- 21.2c Lymphoid Tissue 667

### A CLOSER LOOK AIDS: The Modern-Day Plague? 668

- 21.2d Lymphoid Organs 669 Thymus 669 Lymph Nodes 670 Spleen 670 Tonsils 672 Aggregated Lymphoid Nodules and the Appendix 672
- 21.3 Disorders of the Lymphatic and Immune Systems 673
- 21.4 The Lymphatic and Immune Systems Throughout Life 673

# **CLINICAL APPLICATIONS**



# The Lymph Vessels and Edema 661 Swollen Lymph Nodes 662 Vaccination 667 Splenectomy 671

Related Clinical Terms 674 Chapter Summary 674 Review Questions 676

# **22** The Respiratory System 677

- 22.1 Functional Anatomy of the Respiratory System 678
- 22.1a The Nose and the Paranasal Sinuses 679 The Nose 679 The Nasal Cavity 680 The Paranasal Sinuses 682
- 22.1b The Pharynx 683 The Nasopharynx 683 The Oropharynx 683 The Laryngopharynx 683
- 22.1c The Larynx 683 Voice Production 686 Sphincter Functions of the Larynx 686 Innervation of the Larynx 686
- 22.1d The Trachea 686
- 22.1e The Bronchial Tree 688 Bronchi in the Conducting Zone 688 The Respiratory Zone 689
- 22.1f The Lungs and Pleurae 691 Gross Anatomy of the Lungs 691 Blood Supply and Innervation of the Lungs 691 The Pleurae 694
- 22.2 Ventilation 696
- 22.2a The Mechanism of Ventilation 696 Inspiration 696 Expiration 697
- 22.2b Neural Control of Ventilation 698
- 22.3 Disorders of the Respiratory System 699
- 22.3a Bronchial Asthma 699
- 22.3b Cystic Fibrosis 699

# A CLOSER LOOK

- Lung Cancer: The Facts Behind the Smoke Screen 700
- 22.3c Chronic Obstructive Pulmonary Disease 701 Chronic Bronchitis 701 Emphysema 701
- 22.4 The Respiratory System Throughout Life 702

# CLINICAL APPLICATIONS

Rhinitis 680 Epistaxis 682 Sinusitis 682 Infection of the Adenoids 683 Laryngitis 686 Tracheotomy (Tracheostomy) 687 Pleurisy and Pleural Effusion 695 Collapsed Lung 696 Respiratory Distress Syndrome 698

Related Clinical Terms703Chapter Summary703Review Questions705

# **23** The Digestive System 707

- 23.1 Overview 708
- 23.1a Abdominal Regions 709

FOCUS FIGURE 23.3 Peritoneum and the Digestive System Organs 710

- 23.1b The Peritoneal Cavity and Peritoneum 712 Mesenteries 712
- 23.1c Digestive Processes 714

# 23.2 Anatomy of the Alimentary Canal 715

- 23.2a Histology 715 The Mucosa 715 The Submucosa 715 The Muscularis Externa 717 The Serosa 717
- 23.2b Smooth Muscle 717 Structure of Smooth Muscle 717 Mechanism of Contraction 718 Innervation of Smooth Muscle and Glands 718
- 23.2c The Mouth and Associated Organs 719 The Mouth 719 The Tongue 720 The Teeth 721 The Salivary Glands 723
- 23.2d The Pharynx 724
- 23.2e The Esophagus 724 Gross Anatomy 724 Microscopic Anatomy 724
- 23.2f The Stomach 726 Gross Anatomy 726 Microscopic Anatomy 727
- 23.2g The Small Intestine 729 Gross Anatomy 729 Microscopic Anatomy 729